



# BETWEEN THE LINES

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**An elaboration of what's on the calendar this month**

January 2019

## The Lodge Building



### Trips

**Note:** Please remember to sign up at the front desk for all trips as seating is often limited, and on a first come, first serve basis.

**Thank you.**

Every Friday The “Mystery Ride” leaves the Lodge @ 1:15. You will enjoy scenes of picturesque New England. The bus driver often surprises us with exciting new destinations. Each and every ride is a wonderful surprise!

**Each Thursday 9:30 A.M. “Errands”:** We will take the errands bus and stop at CVS, Stop and Shop, Dry Cleaners, The Dollar Store, Banks and Post Office.

**Wednesday, January 2<sup>nd</sup> 1:15 P.M.** Today we will take a trip to Marshalls in Narragansett followed by a ride along the ocean.

**Friday, January 4<sup>th</sup> 1:15 P.M.** Today we will not have a mystery ride instead we will be going to Walmart.

**Wednesday, January 9<sup>th</sup> 11:15** Sign up early to have a nice luncheon at the famous Coast Guard House.

**Wednesday, January 16<sup>th</sup> 11:15 A.M.** Today's trip is to Federal Hill, Providence. First we will have lunch at very well-known Caserta's Pizza followed by a ride thru the city.

**Wednesday, January 23<sup>rd</sup> 1:15 P.M.** Today we will have a mystery ride. Where we go only the driver knows!

**Wednesday, January 30<sup>th</sup> 1:15 P.M.** Are you feeling lucky? If so we will try our luck at Twin River Casino located in Lincoln RI.

### **Entertainment**

*January Entertainment will have you kicking up your heels and singing along to the music!*

- + Wednesday January 2<sup>nd</sup> 1:00 P.M. Music w/John Walmsley**
- + Thursday, January 3<sup>rd</sup> 6:30 P.M. Music w/Kalifornia Karl**
- + Saturday January 5<sup>th</sup> 1:30 P.M. Music w/Steve Burke**
- + Sunday, January 6<sup>th</sup> 1:30 P.M. Piano w/Connie Gieso**
- + Wednesday January 9<sup>th</sup> 1:30 P.M. Music w/Mike Colleta**
- + Thursday January 10<sup>th</sup> 6:30 P.M. Music w/Gary Landgren**
- + Saturday, January 12<sup>th</sup> 1:30 P.M. Ron the Balloon Man**
- + Sunday, January 13<sup>th</sup> 1:30 P.M. Music w/Eric Colin**
- + Wednesday, January 16<sup>th</sup> 1:30 P.M. Music w/ Mike Dee**
- + Thursday, January 17<sup>th</sup> 6:30 P.M. Piano w/Moriah**
- + Saturday, January 19<sup>th</sup> 1:30 P.M. Music w/Marc Deschenes**
- + Sunday, January 20<sup>th</sup> 1:30 P.M. Music w/Debbie Celletti**
- + Wednesday January 23<sup>rd</sup> 1:30 P.M. Music w/Janine Andrews**
- + Thursday January 24<sup>th</sup> 6:30 P.M. Music w/Vini Ames**
- + Saturday, January 26<sup>th</sup> 1:30 P.M. Music w/John Scottie**
- + Sunday, January 27<sup>th</sup> 1:30 P.M. Music w/Donna & Ron**
- + Wednesday January 30<sup>th</sup> 1:00 P.M. Music w/Len & Linda Renzi**
- + Thursday, January 31<sup>st</sup> 6:30 P.M. Music w/Kim Oaks & Friends**

### **January Highlights Include:**

- Wednesdays, Saturdays and Sundays in January enjoy afternoon Music
- One Thursday of each month we will be Baking with The Chef. Bring your sweet tooth because I'm sure it will be sweet!

- Every Monday of the month we will continue our Open Pool (Billiards) upstairs on the third floor.
- Our Happy Hour with Diane social will be hosted on Tuesdays @ 1:15 P.M.
- Hear For You will be here January 3<sup>rd</sup> (Dr. Baboian will check your hearing aids for you today.)
- A Birthday Dinner in all dining rooms on January 26<sup>th</sup> at 5:00 P.M.
- Enjoy Sing-alongs every Tuesday evening in the Living Room

### January Regular Monthly Programs Include:

- + Mornings at 10:15 A.M. in the Club Room: “Bone Building, Balance Training and Cardio w/Diane” These slow and steady stretching exercises are designed to help to improve balance, enhance energy, and increase flexibility. You won’t believe how good you feel afterwards!
- + Mondays at 10:45 A.M. :“Yoga w/Nancy” Club Room
- + Thursdays at 10:15 A.M. “Sittercise w/Joann” Club Room
- + Mondays, Wednesdays and Fridays in January: Try your luck with our fun card game Lucky 7’s (Don’t forget your pennies)
- + Hear For You w/Dr. Rachel Baboian will be here January 3<sup>rd</sup> at 11:00 A.M.
- + Marvelous Manicures in the Activity Room will continue every Thursday in January at 1:15 P.M. Come, sit back, relax and chat with friends as we do as much giggling as we do nails.
- + Tuesdays in January: Happy Hour w/Diane, at 1:15 P.M. Relax with friends and enjoy your favorite beverage & munchies. We will also sing along to our favorite songs and play some fun trivia.
- + Resident Council Meetings are an important way to stay connected and to communicate your opinions. **The Residents’ Meeting** is in the Club Room on Thursday, January 24<sup>th</sup> @ 1:15 P.M. **The Food Meeting** is Thursday January 31<sup>st</sup> @1:15 in the Club Room.
- + Express your thoughts and ideas, and learn what’s happening on campus.

In addition to the above, we offer the following games and features: Trivia, Blackjack, Scrabble, Poker, BINGO, Bridge, Skip-Bo, Putting, Hi-Lo Jack

tournaments, Wii games, Weekly Manicures, Pool Tournaments, Men's Club, Walking Club, Knitting, Name That Tune, Memory Lane, Spelling Bee, LRC Dice Game, Eldertrivia, Lucky 7's, Rummikub, Horse racing along with The Lodge Casino, Yoga, Family Feud, indoor bocce and more!

